

KICK IT UP



Level: Easy Intermediate **Genre:** Country
Artist: The McClymonts
Choreo: Cheryl Holland, Creswick Cloggers
Speed: Normal to +5% **Length:** 3.01 min
Sequence: Intro A B Intro A B Break B* Ending
Intro: Wait 8 beats

Quick Cues

Intro: (8 beats)

8 2 Joey

Part A: (32 beats)

8 2 Rocking Chair (1/4L ea)
8 Double Slur Vine Fancy (L)
8 2 Rocking Chair (1/4L ea)
8 Double Slur Vine Fancy (L)

Part B: (39 beats)

8 Twisty Vine (L)
7 Slur Kicker (Rft)
4 Travelling Triple (R)
8 Samantha
4 2 Slur Step (L)
4 Pivot Chain (Full L)
4 Stomp Double (Rft)

Intro: (8 beats)

8 2 Joey

Part A: (32 beats)

8 2 Rocking Chair (1/4L ea)
8 Double Slur Vine Fancy (L)
8 2 Rocking Chair (1/4L ea)
8 Double Slur Vine Fancy (L)

Part B: (39 beats)

8 Twisty Vine (L)
7 Slur Kicker (Rft)
4 Travelling Triple (R)
8 Samantha
4 2 Slur Step (L)
4 Pivot Chain (Full L)
4 Stomp Double (Rft)

Quick Cues

Break: (16 beats)

8 2 Slur Basic (L&R)
4 Basketball Basic (1/2R)
4 Pivot Chain (1/2R)

Part B*: (51 beats)

8 Twisty Vine (L)
4 2 Basic (R&L)
7 Slur Kicker (Rft)
4 Stomping Triple (Rft)
8 Samantha
4 2 Slur Step (L)
4 Pivot Chain (1/2L)
4 Stomp Double (Rft)
4 Pivot Chain (1/2L)
4 Stomp Double (Rft)

Ending: (22 beats)

4 Joey
4 Turkey (R)
4 Joey
10 Long Sway Rock (Rft)



Step Definitions - KICK IT UP

JOEY:

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S
L R L R L R L
&1 & 2 & 3 & 4

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

BASIC:

DS RS
L RL
&1 &2

DOUBLE SLUR VINE FANCY:

DS(OTS) SLR-S(XIB) DS DS(XIF) DS(OTS) SLR-S(XIB) RS RS
L R R L R L R R LR LR
&1 & 2 &3 &4 &5 & 6 &7 &8

SLUR STEP:

DS(OTS) SLR-S(XIB)
L R R
&1 & 2

TWISTY VINE:

DS DS(XIF) R(BK) BA(XIF) R(BK) BA(XIF) BA(OTS) BA(XIB) BA(OTS) S(XIF) DS RS
L R L R L R L R L R L RL
&1 &2 & 3 & 4 & 5 & 6 &7 &8

SLUR KICKER:

DS(OTS) SLR-S(XIB) DS K/DR LIFT(XIF)/SL K(X)/DR LIFT(OTS)/SL DS-DR/K SL
R L L R L/R L /R L /R L /R L L /R L
&1 & 2 &3 & 4 & 5 &6 & 7

TRAVELLING TRIPLE:

DS(OTS) DS(XIF) DS(OTS) RS
R L R LR
&1 &2 &3 &4

STOMPING TRIPLE:

(P) STO(F) (P) STO(F) (P) STO(F) RS
R L R LR
& 1 & 2 & 3 &4

SAMANTHA:

DS DS(XIF) DR S(BK) DR S(BK) RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

PIVOT CHAIN:

DS [RS RS RS] (TURN)
L RL RL RL
&1 &2 &3 &4

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
R L R LR
& 1 &2 &3 &4

TRIPLE:

DS DS DS RS
R L R LR
&1 &2 &3 &4

SLUR BASIC:

DS(OTS) SLR-S(XIB) DS RS
L R R L RL
&1 & 2 &3 &4

BASKETBALL BASIC:

(P) S(FWD) PVT(1/2 R) S DS RS
L L R L RL
& 1 & 2 &3 &4

TURKEY:

DR/LIFT H-FL(OTS) S(XIB) DS RS (CAN BE (P) INSTEAD OF DR AT START)
L /R R R L R LR
& 1 & 2 &3 &4

LONG SWAY ROCK: (* DENOTES FOOT REMAINS ON FLOOR THROUGHOUT STEP)

(P) BA*(LIFT H)/S*(OTS HIP R) (P) H(HIP L)/BA(LIFT H) (P) BA(LIFT H)/S(OTS HIP R)
L /R L /R L /R
& 1 & 2 & 3
(P) H(HIP L)/LIFT-R S (P) BA*(LIFT H)/S*(OTS HIP R) (P) H(HIP L)/BA(LIFT H)
L /R R L L /R L /R
& 4 & 5 & 6 & 7
(P) LIFT/S(OTS HIP R) RS (P) S
L /R LR L
& 8 &9 & 10