

DOWN AT THE TWIST AND SHOUT

Level: Easy Intermediate **Genre:** Country
Artist: Mary Chapin Carpenter
Choreo: Chip Summey, Asheville, North Carolina
Speed: Normal **Length:** 3.21
Sequence: A, B, A, C, B, A, C, B, A, C, C, END.
Wait: 16 beats

Quick Cues

Part A: (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain Ball Slide (Full L)
16 REPEAT

Part B: (32 beats)

8 Drag Flip Vine (1/2 L)
4 Joey
4 Triple (Full R)
16 REPEAT

Part A: (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain Ball Slide (Full L)
16 REPEAT

Part C: (16 beats)

4 Triple Stamp (FWD)
4 Triple (BK)
4 2 Scoot (ANG L & R)
4 2 Basic (BK)

Part B: (32 beats)

8 Drag Flip Vine (1/2 L)
4 Joey
4 Triple (Full R)
16 REPEAT

Part A: (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain Ball Slide (Full L)
16 REPEAT

Quick Cues

Part C: (16 beats)

4 Triple Stamp (FWD)
4 Triple (BK)
4 2 Scoot (ANG L & R)
4 2 Basic (BK)

Part B: (32 beats)

8 Drag Flip Vine (1/2 L)
4 Joey
4 Triple (Full R)
16 REPEAT

Part A: (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain Ball Slide (Full L)
16 REPEAT

Part C: (16 beats)

4 Triple Stamp (FWD)
4 Triple (BK)
4 2 Scoot (ANG L & R)
4 2 Basic (BK)

Part C: (16 beats)

4 Triple Stamp (FWD)
4 Triple (BK)
4 2 Scoot (ANG L & R)
4 2 Basic (BK)

End: (8 beats)

8 Wave Arms



Step Definitions - DOWN AT THE TWIST AND SHOUT

MJ TWIST:

DS DS (XIB)	R S (OTS)	(P)	S (BK)	RS DS DT	[BA/BA] (H'S L)	[BA/BA] (H'S R)	LIFT/SL
L R	L R		L	RL R L	L /R	L /R	L /R
&1 &2	& 3		& 4	&5 &6 &	7	&	8

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

HEEL CHAIN BALL SLIDE: (In this dance H(WGT) can be replaced by R)

DS H(WGT)	S H(WGT)	S BA-SL
L R	L R	L R R
&1 &	2 &	3 & 4

DRAG FLIP VINE:

DS-DR S (XIF)	DS-DR S (XIB)	DS [DT (BK)	SL BR SL] (1/2 L)	DS
L L R	L L R	L R	L R L	R
&1 & 2	&3 & 4	&5 &	6 & 7	&8

JOEY:

DS BA (XIB)	BA (OTS)	BA (OTS)	BA (XIB)	BA (BS)	S
L R	L	R	L	R	L
&1 &	2	&	3	&	4

TRIPLE:

DS DS DS RS
R L R LR
&1 &2 &3 &4

TRIPLE STAMP:

DS DS DS STA SL
L R L R L
&I &2 &3 & 4

SCOOT:

DS-SC-SC
L L L
&1 & 2

BASIC:

DS RS
L RL
&1 &2