

ATE TOO MUCH AT CHRISTMAS



Level: Basic + 2 **Genre:** Festive
Artist: The Sunny Cowgirls
Choreo: Annette Cornish Adelaide Bluegrass Cloggers
Speed: 95-100% **Length:** 2.33 min
Sequence: Ch, A, Ch, A, Ch*, A, Ch*, A, End
Wait: 8 beats

Quick Cues

Chorus (32 beats)

16 **4** Chain (1/4 L ea)
4 Fancy Triple
4 Joey (**Rft**)
8 Long Jazz Box

Part A (24 beats)

4 Mountain Goat
4 Joey
4 Pivot Chain (1/2 R)
12 REPEAT

Chorus (34 beats)

16 **4** Chain (1/4 L ea)
4 Fancy Triple
4 Joey (**Rft**)
8 Long Jazz Box

Part A (24 beats)

4 Mountain Goat
4 Joey
4 Pivot Chain (1/2 R)
12 REPEAT

Quick Cues

Chorus* (34 beats)

16 **4** Chain (1/4 L ea)
4 Fancy Triple
4 Joey (**Rft**)
8 Long Jazz Box
2 **2** Toe Heel

Part A (24 beats)

4 Mountain Goat
4 Joey
4 Pivot Chain (1/2 R)
12 REPEAT

Chorus* (34 beats)

16 **4** Chain (1/4 L ea)
4 Fancy Triple
4 Joey (**Rft**)
8 Long Jazz Box
2 **2** Toe Heel

Part A (24 beats)

4 Mountain Goat
4 Joey
4 Pivot Chain (1/2 R)
12 REPEAT

End (44 beats)

16 **4** Pivot Chain (1/4 L ea)
4 Fancy Double
12 **3** Jazz Box (**FULL L**)
8 Louisiana Step (**FULL R**)
4 Joey



Amended 31st Dec 2024

Step Definitions - Ate Too Much At Christmas

CHAIN: (In this dance turn 1/4 left on beat '&4')

DS RS RS RS (MOVE FWD BK L OR R)

L RL RL RL

&1 &2 &3 &4

FANCY TRIPLE:

DS (OTS) DS (XIF) DS (XIB) R (OTS) S (XIF)

L R L R L

&1 &2 &3 & 4

JOEY:

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S

L R L R L R L

&1 & 2 & 3 & 4

PIVOT CHAIN: (In this dance turn 1/2 Right)

DS [RS RS RS] (TURN)

R LR LR LR

&1 &2 &3 &4

LONG JAZZ BOX:

T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS) T-H (BS)

L L R R L L R R L L R R L L R R

&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

TOE HEEL:

T-H

L L

& 1

MOUNTAIN GOAT:

DS BA (XIF) BA (OTS) BA (OTS) BA (XIF) BA (XIB) SL

L R L R L R R

&1 & 2 & 3 & 4

JAZZ BOX: (In this dance turn 1/3 left on beats & 2)

T-H (OTS) T-H (XIF) T-H (BK) T-H (BS)

L L R R L L R R

& 1 & 2 & 3 & 4

FANCY DOUBLE:

DS DS RS RS

L R LR LR

&1 &2 &3 &4

LOUISIANA STEP: (In this dance turn full right)

[DS DS DS DS] (FWD) (P) S (BK) (P) S (BK) PVT (1/2 R) S (FWD) (P) S (FWD)

L R L R L R R L R

&1 &2 &3 &4 & 5 & 6 & 7 & 8