Semi-Charmed Life

Level: Advanced
Music: by Third Eye Blind
Choreo: Monika White and Patrick Priddy (adapted by David McGrath)
Sequence: A B C D A B C D E B C* D* A B Ending
Wait : 16 Beats, Left Foot Lead

Beats Cues

Part A
16 **2** Semi-charmed **(1/2 R ea.)**

Part B
8 Shnike Step
4 Third Heel
4 Karate Basic **(1/2 L)**
16 REPEAT

Part C
4 Syncopated Run
4 Stomp Double **(1/2 R)**
8 REPEAT

Part D
8 Blind Step
4 Macnamara Vine
4 Triple **(1/2 R)**
8 Blind Step
16 REPEAT

Part A
16 **2** Semi-charmed **(1/2 R ea.)**

Part B
8 Shnike Step
4 Third Heel
4 Karate Basic **(1/2 L)**
16 REPEAT

Part C
4 Syncopated Run
4 Stomp Double **(1/2 R)**
8 REPEAT

Beats Cues

Part D
8 Blind Step
4 Macnamara Vine
4 Triple **(1/2 R)**
8 Blind Step
16 REPEAT

Part E
8 Lori Skuff
4 Pony Knee Turn
4 Triple
16 REPEAT

Part B
8 Shnike Step
4 Third Heel
4 Karate Basic **(1/2 L)**
16 REPEAT

Part C*
4 Syncopated Run
4 Stomp Double (**3/4** R)
4 Syncopated Run
4 Stomp Double (**3/4** R)
4 Syncopated Run
4 Stomp Double (**1/2** R)

Part D*
8 Blind Step
4 Macnamara Vine
4 Triple (**FULL R**)

Part A
16 **2** Semi-charmed **(1/2 R ea.)**

Part B
8 Shnike Step
4 Third Heel
4 Karate Basic **(1/2 L)**
16 REPEAT

Ending
4 Half Semi-cha

ACA
30 NOV 1998

SEMI-CHARMED:

BA_TT(XIB)_K/BA	S	S(BS)	DS	DT	HOP	TCH(XIF)	SL/SL(OUT)	(P)	DR/DR(L XIF R)	LIFT/SL	H-FL(F)	S(TRN 1/2 R)	RS
L R L/R	L R		L	R	L	R	L/R		L/R	L/R	L L	R	LR
& a 1	& 2		&3	e&	a	4	&	5	&	6	& a	7	&8

SHNIKE STEP:

DS	TnDn	S_D-T	BA_BA_S	DS	D-T_HOP_D	T_HOP_TT-BA	D-T_HOP_TCH(BS)
L	R L R	R	L R L	R	L	R L R L	R L
&1	e&a2 & a3	e	& 4	&5 e&	a	6e & a	7 e& a 8

THIRD HEEL:

HD(WGT)_TCHH-S	HD(WGT)_TT(BK)-BA	TCHH-S	TnDn	TT(BK)-SL
L R R L	R R	L L	R L	R
& a 1 &	a 2	e &	a3e& a	4

KARATE BASIC:

DS	K (PVT 1/2 L)	SL	DS	RS
L R		L	R	LR
&1 &		2	&3	&4

SYNCOPATED RUN:

(P)	S(XIF)	H-BA	H-S	(P)	S(XIF)	H-BA	H-S	(P)	S(BS)
	L	R R	L L		R	L L	R R		L
&	1	e &	a 2	e	&	a 3	e &	a	4

STOMP DOUBLE:

(P)	STO	DS	DS	RS
	L	R	L	RL
&	1	&2	&3	&4

BLIND STEP:

DS	DT(UP)_SL	DS(OTBK)	HD(WGT)_S_S	BR(UP)_SL-K/S	S(OTS)	S(XIF)	DS	DS_TCH(BS)
L R	L R		L	R L R	L	R	L	R L
&1 &a	2 &3		e	& 4 e	&	5 &	6	&a7 e&a 8

MACNAMARA VINE:

(P)	TCHH(OTS)	S	S(XIB)	S(OTS)	TCHH(OTS)	S	S(XIB)
	L	L	R	L	R	R	L
&	1	&	2	&	3	&	4

TRIPLE:

DS	DS	DS	RS
L	R	L	RL
&1	&2	&3	&4

LORI SKUFF:

DS	DT(UP)	SL	BA(OTS)	BA(XIB)	BA(OTS)	SK	SL	BA(OTS)	BA(XIB)	BA(OTS)	SK	SL	BA(OTS)	BA(XIB)	BA(OTS)	SK	SL
L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R
&1	&a	2	&	3	&	a	4	&	5	&	a	6	&	7	&	a	8

PONY KNEE TURN:

[DS	TW(KNEE IN)	TW(KNEE OUT)	TW(KNEE IN)	TW(KNEE OUT)	TW(KNEE IN)	TW(KNEE OUT)] -(TRN 1/2 L)
L	R	R	R	R	R	R
&1	&	2	&	3	&	4

HALF SEMI-CHARMED:

BA_TT(XIB)-K/BA	S	S(BS)	DS	DT	HOP	TCH(XIF)
L R L/R	L	R	L	R	L	R
& a 1	&	2	&3	ea	&	4