C'est La Vie

ARTIST: B*Witched
CHOREO: Ben Anderson - Gympie, QLD, Australia March, 1999 Ph: 07 5482 5671
LEVEL: Advanced WAIT: 16 Beats Start Left Foot
SEQUENCE: Intro A B Chorus A B Chorus Break C Chorus Ending



Beat	Movement	
INTRO		
4	Buck Chain	**(Move R)**
4	Lori Jig	**(Move L)**
4	Buck Chain	**(Move L)**
4	Lori Jig	**(Move R)**
PART A		
4	2 Kentucky Downs	**(Angle L & Fwd)**
4	Jackson Break	
4	2 Bouncers	**(Move Bk)**
4	Bend it Over	
4	2 Kentucky Downs	**(Angle R & Fwd)**
4	Jackson Break	
4	2 Bouncers	**(Move Bk)**
4	Bend it Over	
PART B		
8	It's Mine	
4	2 Toe Buck Basic	
4	Double Burton	**(Move R)**
8	It's Mine	
4	2 Slap Backs	
4	Huff & Puff	
Chorus		
4	Siesta	
4	Chasin' the Dog	
4	Cross It	
4	Crimp Twist	
4	Siesta	
4	Chasin' the Dog	
4	Cross It	
4	Crimp Twist	
PART A		
4	2 Kentucky Downs	**(Angle L & Fwd)**
4	Jackson Break	
4	2 Bouncers	**(Move Bk)**
4	Bend it Over	
4	2 Kentucky Downs	**(Angle R & Fwd)**
4	Jackson Break	
4	2 Bouncers	**(Move Bk)**
4	Bend it Over	

Beat	Movement
PART B	
8	It's Mine
4	2 Toe Buck Basic
4	Double Burton
8	It's Mine
4	2 Slap Backs
4	Huff & Puff
Chorus	
4	Siesta
4	Chasin' the Dog
4	Cross It
4	Crimp Twist
4	Siesta
4	Chasin' the Dog
4	Cross It
4	Crimp Twist
BREAK	
4	Rock Spin
PART C	
8	Two 'n' One
4	Rockin'
4	Fancy Double
8	Two 'n' One
4	Rockin'
4	Fancy Double
Chorus	
4	Siesta
4	Chasin' the Dog
4	Cross It
4	Crimp Twist
4	Siesta
4	Chasin' the Dog
4	Cross It
4	Crimp Twist
Ending	
8	Two 'n' One
4	Rockin'
4	Fancy Double
1	Rock Step **(Bk)**
	(R S(Bk) **[Pull L foot to R]**
	L R

Step Explanation - (C'est La Vie)

Buck Chain

DS	R(Fwd)	TTch(Bk)	BA	R(Fwd)	TTch(Bk)	BA	R(Fwd)	TTch(Bk)	BA
L	R	L	L	R	L	L	R	L	L
&1	&	a	2	&	a	3	&	a	4

Bouncers

DT(Bk)	BO/BO(Rxif)	BO/BO(Rxif)	SL/Lift
L	L/R	L/R	L R
&	1	&	2

Lori Jig

DS	DT	SL/Lift	R(ots)	TTch(xib)-BA(xib)	TchH-S	SK	SL
L	R	L R	R	L	L	R R	L R
&1	&	2	&	a	3	e &	a 4

Jackson Break [On 1st DS cross in front & leave in that position]

DS/FLA	(P) FLA/BA	(P) BA/FLA	H/BA-SL
L R	L R	L R	L R R
& 1	& 2	& 3	& 4

Crimp Twist beats 3 to 4 the weight is on L Ball & R Heel {*See note below for footwork on beat 2 }

BA	BA	H	H	[BA	BA	H	H] - see Note*	H(Tw in)/Toe(Tw out)	H(Tw out)/Toe(Tw in)	H(Tw in)/Toe(Tw out)	S
L	R	L	R	L	R	L	R	L R	L R	L R	R
e	&	a	1	e	&	a	2	&	3	&	4

It's Mine

(P)	HOP/DT	HOP	TTch(Bk)	BA	SK	HOP	(push Bk)TCH	LIFT/HOP	BA(xif)/FLA
	L R	L	R	R	L	R	L	L R	L R
&	a1	e	&	a	2	&	3	&	4

FLA/BA(xib)	BA(xif)/FLA	DT(ots)/HOP	BA/DT(xif)	FLA/BA(xif)	BA/DT	HD(F)/BA	SL
L R	L R	L R	L R	L R	L R	L R	R
&	5	&	6	&	7	&	8

Kentucky Downs

DS(xif)	SK_DR(Pop)	Slap_S(xif)
L	R L	R R
&1	e &	a 2

Slapback

DT(Bk)	SL	DR	S(Bk)
L	R	R	L
&	1	&	2

Double Burton [Pivot both H's R on BA/TCH]

DT-BA/DT	BA/TCH-DT	BA/TCH-DT	HD/BA	SL
L L R	L R R	L R R	L R	R
& 1	& 2	& 3	&	4

Cross It

(P)	Hop	Tch(xif)	(P)	Hop(ots)	Tch(xif)	R(Bk)	S(Fwd)	DR(Pop)	Tch(F)	SL
	L	R		R	L	L	R	R	L	R
&	a	1	&	a	2	&	3	e	&	4

Chasin' the Dog

DS	H(wgt)	TchH-BA	Slap-BA	TchH-S	SK	DR(Pop)	Slap-S(xif)
L	R	L L	R R	L L	R L		R R
&1	&	a 2	e &	a 3	e &		a 4

Bend it Over

DS	FLA(F)/DS(xib)	(P)	BA/FLA	HD/BA	SL
L	L R		L R	L R	R
&1	&2	&	3	&	4

Fancy Double

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

Siesta

R	S	DS(xif)	TT(Bk)-BA	TchH-BA	TchH-BA_TT(Bk)	SL
L	R	L	R R	L L	R R L	R
&	1	&2	e &	a 3	e & a	4

Huff & Puff

DT-BA	BA	BA	BA	HOP	DT-BA	Slap
L	L	R	L R	L	R R	L
&a	1	&	2 & 3		e& a	4

Toe Buck Basic

DS	TTch(Bk) -BA	TchH-BA
L	R R	L L
&1	e &	a 2

Two 'n' One

(P)	STO	DS(xif)	BA(Bk)	DT(ots)-BA	Tch	SL	(P)	HOP/FLA(ots)	BO/TTch(xib)	BO/DT(ots)	BO/	BO(xif)	HOP/DT(ots)	HD/BA	BO/BO
	L	R	L	R R	L	R		L R	L R	L R	L	R	L R	L	R L R
&	1	&2	&	3 e	&	4	&	5	&	6	&		7	&	8

Rock Spin

R(Bk)	BA(Fwd)	Slur round/PVT(Full R)	S	HD/BA	SL
L	R	L R	L	L R	R
&	1	& 2 &	3	&	4

Rockin'

(P)	K/R(Bk)	S	S(Fwd)	TTch(Bk)-BA	Slap	K/R(Bk)	S	S(Fwd)
	L R	L	R	L L	R L	R	L	R
&	1	&	2	e &	a	3	&	4

*NOTE: When doing the 'Double Crimp' on completing the 2nd beat you feet should be placed so that the R foot is crossed in front of the L foot and the L toe is pointing at the arch of the R foot.